DiGii SOCIAL

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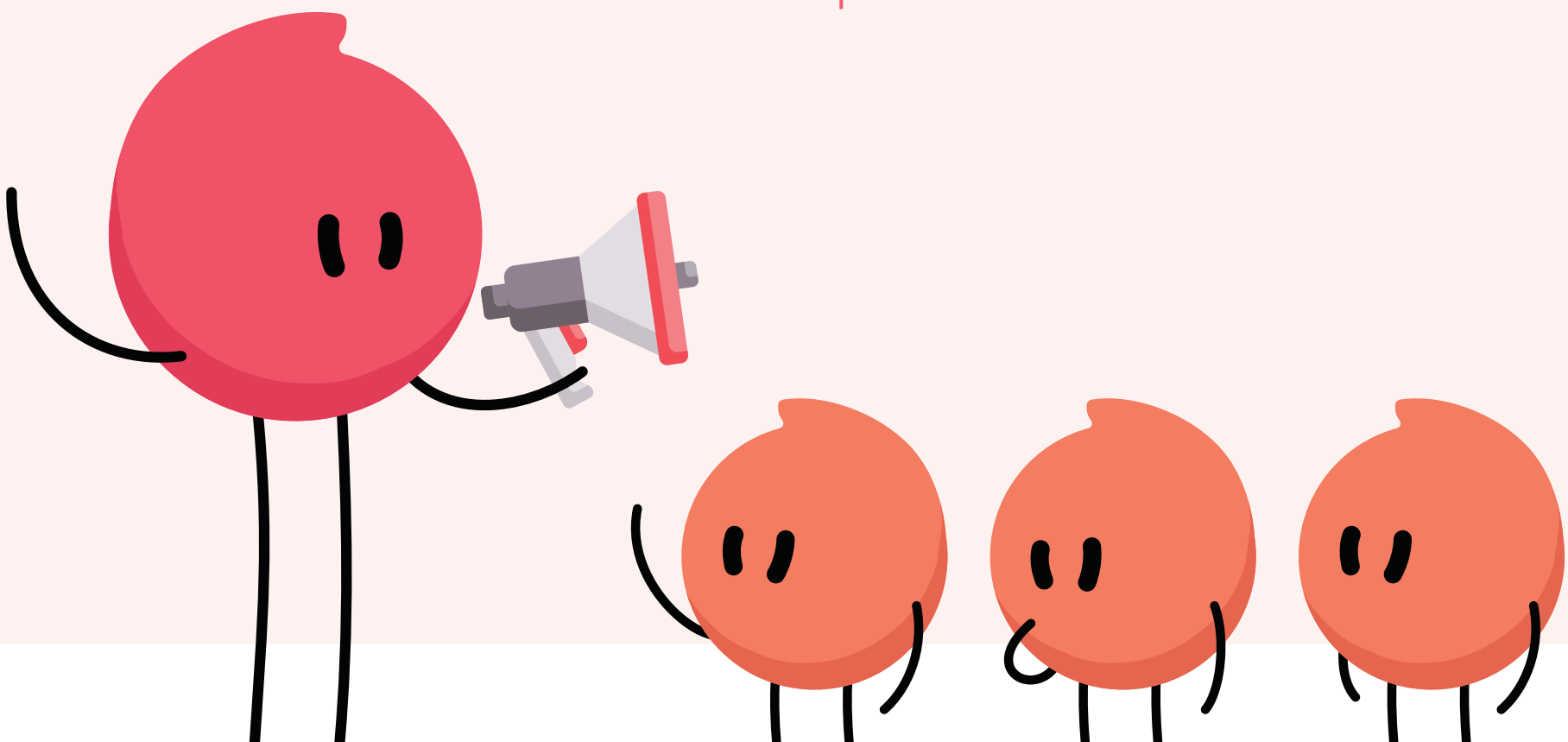
Power vs Pressure

✔ Pulls you up	✖ Pushes you down
✔ Inspires you	✖ Peer Pressure
✔ Positive influence	✖ Negative thoughts