DiGii @ School

Lesson Resource

Stop Cyberbullying Day

Years 5-6

DiGii • SAFE

DiGii • CIVIL

DiGii • SAVVY

digiisocial.com

Hi – and welcome.

Perhaps you've used a DiGii@School resource before – or maybe this is your first time. Either way, we hope you enjoy teaching the lesson plan we've created. As with all our resources, content is developed by people who know children – who've worked with them, raised them and studied their developmental needs.

Our special lesson plans give you a peek into Australia's favourite cyber safeguarding and digital wellbeing curriculum-aligned resource. DiGii@School is a whole of school curriculum that teaches the foundation, emerging and real-time skills that help all children to learn protective and proactive behaviours that will see them flourish both online and off.

In our rapidly changing world, the digital lives of children and their parents end up in classrooms and playgrounds as often challenging and always time-consuming attitudes and behaviours. At DiGii we're all about acknowledging that there is no separating children from devices, and that devices supplied with a 'for education' purpose often end up with a 'for entertainment' outcome.

We invite you to **TAKE A LOOK** and think about updating your cyber safeguarding, protective behaviours, and social and emotional learning solution to DiGii@School.

Claire Orange
CEO and Founder

Rosanna Blake
Education & Content Manager

Stop Cyberbullying Day

"Stop Cyberbullying Day is a global day of unity and action to bring people from all around the world together to promote a truly diverse and inclusive internet. 60% of internet users have witnessed or been targeted with bullying, harassment, or abuse. We must act now to ensure that everybody has equal opportunity to embrace technology and be able to learn, communicate and express themselves confidently without fear. Join the movement and get involved on **Friday 16th June**." Stopcyberbullyingday.org

We think it is crucial to support children to develop the skills they need to be safe, civil and savvy digital citizens. Cyberbullying is a prevalent and damaging aspect of the online world. We want to educate children about how they can get help if they're experiencing cyberbullying, as well as how they can help their peers, and be an upstander rather than a bystander.

Stop Cyberbullying Day Lesson Plans

We know that you will enjoy this complimentary Lesson Plan for your students. We're hoping that your school community are all participating so that all students can learn about the importance of making sure that the internet is a safe space for everyone.

Year 1 & 2 – #bekind – Our words matter.
Year 3 & 4 – #bekindonline– We have the tools.
Year 5 & 6 – #bekindonline– Let's build a better internet.

HOW TO USE THIS STOP CYBERBULLYING DAY RESOURCE:

Each year group has a fully resourced lesson plan with relevant activity resources provided.
Lesson Plan – lesson plans are easy to follow and can be adapted to suit your class.
Display Resource – display resources are provided with slide numbers indicated on the lesson plan so that you can easily follow it.
Activity Resources – print to use during the lesson. Indication will be given in the section below if there is any preparation needed ahead of the lesson.

RESOURCES:

- **Display slides**
- **Resource 1- Class Pledge**

SECTION: 1	**FOCUS**: DiGii Chat	**TITLE**: What is cyberbullying?
Display slide 3	• What is bullying? • Bullying is when someone purposefully and repeatedly tries to make another person feel sad, scared, embarrassed, left out, ashamed or tries to damage their reputation. • What do you think cyberbullying means? • Children share their thoughts and ideas with the class. • Cyberbullying is bullying that happens using technology- like a tablet, phone, computer, or games console. • Read the 'cyberbullying' information on KidsHelpline: https://kidshelpline.com.au/kids/issues/cyberbullying • How is cyberbullying the same or different to bullying? • Do you think cyberbullying would be easier or harder to deal with than bullying in-person?	
Display slide 4	• How can we explain the theme of 'cyberbullying' to younger children? • What would we need to tell them? • What do you want them to know? • How can people look after themselves and their friends online? (Tell the person sending messages to stop, ask a grown up for help, block people who are sending unkind messages, report to the platform you are on)	

SECTION: 2	**FOCUS**: DiGii Think	**TITLE**: Let's build a better internet

Display slide 6 Display slide 7	• If you could make the rules for the internet, what would they be? • Imagine that you are going to make a speech to be elected to a role that means you are the person in charge of the internet. • What would you do? • What would you change? • What rules would you introduce? • How would you make the internet a better place for everyone? • We all have the right to feel happy and safe. • Explain that they will be writing an election speech to become the leader of the internet and they need to persuade the people to vote for them by letting them know how they're going to make the internet a better place for everyone. • Show the theme of the speech- "let's build a better internet"
	• Children to read their speech to the class or alternatively children could use tablets to record their speeches or read them in small groups. • If appropriate for your class, children could vote on who they would make president of the internet. Encourage children to explain why they have voted for that person.
Display slide 8	• Let's pause now and take some deep breaths. • Ask the children to close their eyes while taking some slow, deep breaths. • Let's consider what we can do from today and moving forwards to make the internet a better place for everyone? • Create a class pledge which can be displayed for the other children in the school to see (Resource 1). • DiGii Social users can post their pledges onto the platform and encourage everyone to 'sign' the pledge by commenting on the post. • We would love to hear the class pledge that your students came up with so do feel free to share it with us on our socials!

Australia's Favourite Whole School Cyber Safeguarding and Digital Wellbeing Curriculum

Year 1 & 2
Protecting ME
in a Digital World

Year 3 & 4
Learning about US
in a Digital World

Year 5 & 6
Connecting Skills to Practice
in a Digital World

- 16 fully resourced Lesson Plans per year group
- National Curriculum aligned and reported

- On-platform, experiential learning

Learning Modules
(4 Lessons in each)
- I am SAFE (online)
- I am RESPONSIBLE (online)
- I am KIND (online)
- I am STEADY (online)

Learning Modules
(4 Lessons in each)
- ME online (self)
- WE online (social)
- US online (global)
- THEM online (threat/risk)

Learning Immersion
- In-class social networking simulation (DiGii Social)
- Auto-deployed education
- Interaction responsive guidance and correction

Preview Platform

Please take a look around the Year 1-4 Preview Platform where you can see just how easy it is to teach fully resourced lessons that, on completion, report against the National Curriculum outcomes.

Click **HERE** or copy and paste this link:

https://school.digiisocial.com/eval

Educational training wheels
for digital life

DiGii SOCIAL

Take a look at the Year 5-6 immersive platform.

Click **HERE** or copy and paste this link:

https://youtu.be/TrMX-qvjyE8

Trusted eSafetyProvider
esafety.gov.au